

# Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 69 years in the making.*



**June 6<sup>th</sup> 2024**

Ed.” *It’s hard to be humble when you’re a Queenslander”* That is all.

## Oceania Area & Masters Athletics Championships Suva, Fiji 1<sup>st</sup>-8<sup>th</sup> June

Congratulations to Tayla on winning gold in the Seniors Women’s 10km at the Oceania Athletics Championships in Fiji on Sunday morning. Alex took the bronze medal in the Senior Men’s 10km. Brenda was the first Masters athlete to finish and took gold in the W45 age grade. Dash was first in the W35 race. on Tuesday, in the Masters 3,000 metres track championships Dash took gold in the W35 grade and Jasmine silver in W40. Well done everyone .

Milly & Bailey compete in the U18 5,000 metres on Friday, Alex in the Senior Men’s 5,000 metres and Dash in the Masters 5,000 metres.

### Senior Women 10000m Race Walk Sunday

1 **Tayla Billington AUS 50:03.75**

2 Chelsea Roberts AUS 52:54.04

3 Bridget Bell AUS 53:57.23

### Masters Women 10000m Race Walk Sunday

1 **Brenda Gannon IRL 45-49 1:01:25.86 & 1<sup>st</sup> W45**

2 Serena Coombes NZLM 55-59 1:09:04.62

3 Jacqueline Wilson NZLM 75-79 1:12:45.48

4 **Dash Newington GBR 35-39 1:18:53.31 1<sup>st</sup> W35**

Ruth Mave COK 60-64 DQ TR 54.7.5

Daphne Jones NZLM 80-84 DQ TR 54.7.5

Heather Carr AUSM 75-79 DNS

### Senior Men 10000m Race Walk Sunday

1 Jack McGinniskin AUS 47:38.10

2 Lucas Martin NZL 52:08.14

3 **Alex Bradley RAT 55:34.96**

### Masters Men 10000m Race Walk Sunday

1 Pramesh Prasad AUSM 50-54 1:02:08.76

2 Eric Kemsley NZLM 70-74 1:06:21.67

3 Peter Fox NZLM 65-69 1:08:37.09

Ron Schwebel AUSM 70-74 DQ TR 54.7.5

Hem Chand FIJM 50-54 DNS



Chelsea, Tayla & Bridget Womens 10km



Lucas, Jack & Alex Men's 10km



Dash & Brenda Masters 10km

**Masters Men 3000m Race Walk Tuesday**

- 1 Pramesh Prasad AUSM50-54 16:36.34
- 2 Eric Kemsley NZLM 70-74 18:50.20
- 3 Peter Fox NZLM 65-69 19:19.74
- Ron Schwebel AUSM70-74 DNS
- Hem Chand FIJM 50-54 DNS

**Masters Women 3000m Race Walk Tuesday**

- 1 Roseanne Robinson NZLM 30-34 18:02.96
- 2 Serena Coombes NZLM 55-59 18:59.40
- 3 **Dash Newington GBR 35-39 19:21.03 1<sup>st</sup> W35**
- 4 Catherine McCarten NZLM 45-49 19:32.43
- 5 Sam Holliss NZLM 40-44 19:41.94
- 6 Jacqueline Wilson NZLM 75-79 21:11.27
- 7 Daphne Jones NZLM 80-84 24:32.44
- 8 **Jasmine Blackburn AUSM40-44 27:32.20 2<sup>nd</sup> W40**
- 9 Ruth Mave COK 60-64 30:50.88
- Lynne Schickert AUSM80-84 DQ TR54.4.2
- Heather Carr AUSM70-74 DNS

**RESULTS RESULTS RESULTS**

**QRWC Handicap #5 June 2<sup>nd</sup>**

**John Walker Place, Yeronga**

**A Grade 10km**

**Men:** (1) Peter Bennett 1.09.37

**Women:** (1) Joy Dale **SB** 1.24.03

**B Grade 5km**

**Men:** (1) Kai Dale 29.31

**Women:** (1) Summer Millard **SB** 29.42 (2) Noela McKinven 45.24

**C Grade 3km**

**Men:** (1) Eli Melinz 18.48

**Women:**(1) Eliza Kelly 17.41 (2) Savannah Dunleavy 19.18 eq (3) Abigail Rogers, Kiara Waterman **SB** 19.31

**D Grade 2km**

**Men:** (1) Leo Hyde 11.19 (2) Hayden Robertson 12.25 (3) Leo Ramsay **SB** 12.40

**Women:** (1) Amelia Chisholm **SB** 12.00 (2) Jessica Gorham **SB** 14.07

**E Grade 1.5km**

**Women:** (1) Trish Hibbs 10.02

**F Grade 1km**

**Men:** (1) Connor Robertson 7.43

**Women:** (1) Clara Hermus **SB** 6.12 (2) Piper Dunleavy 7.43 (3) Harper Waterman 9.08

**Judges' Reports**

13 k  
398 kK  
413 cC  
425 k  
432 kk  
438 kK  
450 kk  
502 kkkKK  
T k

**THIS WEEK**

All the best to our small team competing in the LBG Carnival in Canberra  
Don't forget to pack your winter woollies and your QRWC uniform. Have some dry warm clothes to change into once you finish your race.

**LBG Carnival Mt Stromlo , Canberra Sunday June 9<sup>th</sup>**

**Programme**

No.	Event	Start Time
1	Robin Whyte Classic Men 35 km	7.30am
2	Val Chesterton Classic Women 35km	7.30am
3	ACT Fitness 35 km	7.30am Hcp/Judged contact only
4	RWA Open Women's 15 km	8.00am Includes RWA Masters 15km
5	RWA Open Men's 15 km	8.00am-Includes RWA Masters 15km
6	ACT Fitness 15 km	8.00am Non Hcp/Judged contact only
7	ACT Fitness 8 km	9.00am Non Hcp/Judged contact only
8	Athletics ACT/ RWA Men's U20 10 km	10.30am
9	ACT Open (Over 19 years) 10 km	10.30am Non Handicap
10	Athletics ACT/RWA Women's U20 10 km	10.30am
11	RWA Boys Under 10 1 km	12.15pm
12	RWA Girls Under 10 1km	12.15pm
13	RWA Boys Under 12 2km	12.25 pm
14	RWA Girls Under 12 2km	12.45 pm
15	RWA Boys Under 14 2km	1.05 pm
16	RWA Girls Under 14 2km	1.25 pm
17	RWA Boys Under 16 3km	1.45 pm
18	RWA Girls Under 16 3km	2.10 pm
19	RWA Boys Under 18 5km	2.40 pm
20	RWA Girls Under 18 5km	2.40 pm
21	RWA Women's Open 5km	3.10pm
22	RWA Men's Open 5km	3.10pm

## **QRWC Representatives**

Women 35km

Kirstin Shaw

RWA Women's U20 10 km

Phoebe Chadwick

RWA Women's Open 5km

Phoebe Chadwick

RWA Open Women's 15 km

Noela McKinven

RWA Men's U20 10 km

Sam McCure

Judges

Shane Pearson

Noela McKinven

## **NEXT WEEK**

Please note that to be eligible for Handicap trophies at the end of the season there is a requirement to compete in at least 5 of the 10 QRWC Handicap races during the season.

### **QRWC Handicap #6 Sunday June 16<sup>th</sup>**

#### **Mudgeeraba**

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

C Grade 3km

D Grade 2km

**Entries opening soon.**

## **COMING UP**

### **QRWC Handicap Meet #7 Sunday June 23<sup>rd</sup>**

#### **Kalinga Park, Clayfield**

7.30am A Grade 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km

D Grade 3km



**Please put your hand up to help run the club and our weekly meets**

## QA QLD ROAD WALKING CHAMPIONSHIPS



The QRWC Track Championships will now be on Sunday August 4<sup>th</sup> at UQ St Lucia.

MONTH	DATE	EVENT	VENUE	TIME
<b>March</b>	3			
	9-10	QMA Track Championships	SAF	
	14-17	QA Track Championships	Main Track QSAC	
	22-24	QLAA State Championships	QSAC	
	29 -1	AMA National Championships	Hobart	
	31	Easter Sunday	No competition	
<b>April</b>	7	QRWC Sign On Meet /AGM	Kalinga Park	
	11-19	AA U14-Open Track Championships	Adelaide SA	
	14	No Club Competition		
	21	QRWC Handicap Meet 1	Beenleigh	8.00am
	28	QRWC Handicap Meet 2	Yeronga	8.00am
<b>May</b>	5	Gold Coast Championships	Mudgeeraba	8.00am
	12	<b>Mother's Day</b>	<b>No club competition</b>	
	19	QRWC Handicap Meet 3	Capalaba	7.30am
	26	QRWC Handicap Meet 4	North Lakes	8.00am
<b>June</b>	2	QRWC Handicap Meet 5	Yeronga	8.00am
	9	<b>LBG Federation Meet</b>	<b>Mt Stromlo Canberra</b>	
	16	QRWC Handicap Meet 6	Mudgeeraba	8.00am
	23	QRWC Handicap Meet 7	Kalinga Park	
	30	QRWC Handicap Meet	TBA	
<b>July</b>	7	<b>Gold Coast Marathon</b>	<b>Southport</b>	
	14	RWA Postal Challenge	Beenleigh	
	21	QRWC Handicap Meet	North Lakes	8.00am
	28	<b>QA Road Walk Championships</b>	<b>TBC</b>	
<b>August</b>	4	QRWC Track Championships	UQ St Lucia	
	11	QRWC Handicap Meet	Capalaba	7.30am
	18	QRWC Club Championships	Beenleigh	
	25	<b>2<sup>nd</sup> RWA Federation Meet</b>	<b>Melbourne</b>	
<b>September</b>	1	<b>Father's Day</b>	<b>No Club Competition</b>	
	8	Relay/BBQ/Trophy Day	Sandgate Lagoon	
	15			
	22			



## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

### IMPORTANT UNIFORM INFORMATION

If you are planning on going to Canberra, please make plans now to purchase a club uniform (please check that your current uniform still fits). If the club does not have your size in stock it can take up to 6 weeks to get them custom made. Avoid disappointment of a last minute panic and contact the Uniform shop today.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

### 2<sup>nd</sup> Federation Carnival

Sunday, August 25<sup>th</sup>, 2024. Middle Park Melbourne  
Race Walking Australia Winter Championships  
Events from U10's to Masters

**RWA to release full details**



### AMA 20KM WALK POSTAL CHAMPIONSHIPS

Sunday 25<sup>th</sup> August or agreed date (States and Territories are encouraged to conduct their races between the dates of August 10<sup>th</sup> and September 8<sup>th</sup>. The World Championships 20km Walk in Sweden on the 25<sup>th</sup> August also qualifies as a postal event for the AMA Championships (an entry must still be made!)

**Entry Fee \$25 (separate from any local entry fee!)**

**Contact:** George White [gwhite@adam.com.au](mailto:gwhite@adam.com.au) Mobile 0419 348 888

## 2024 World Athletics U20 Championships Lima , Peru August 27-31<sup>st</sup>

The Australian Team for the World Athletics Under 20 Championships has been announced with four race walkers in the team.

**Women 10,000m Race Walk** Alexandra Griffin (WA), Chelsea Roberts (NSW)

**Men 10,000m Race Walk** Isaac Beacroft (NSW), Marcus Wakim (VIC)

Also in Lima will be Zoe Eastwood-Bryson (SA, International Race Walking Judge) who has been appointed to the officiating panel.

The Australia's team will complete a camp on the Gold Coast from June 20-23, before flying to Lima, Peru.



## Coast2Coast International Meet

Gold Coast Performance Centre, Runaway Bay, Queensland

12<sup>th</sup> - 14<sup>th</sup> July 2024

**What:** A Mid-Winter Track & Field Meet for Athletes

**Age groups:** Open, U20, U18, U16, male and female

**Who:** Athletes from the USA, New Zealand, Queensland, Interstate Australia and some Pacific Islands

**Hosted by:** Gold Coast Victory Athletics Club Inc

**Awards:** Medals to first three placegetters in each of the three age groups plus relays

**Registrations open:** Monday, 13th May 2024

**Note:** Race walking events will be held on Friday July 12<sup>th</sup>

**Entry fee:** Early bird (13 May to 2 June) \$27.50 (GST incl) per event

**Standard entry** (3 June to 2 July) \$36.30 (GST incl) per event

Close of entries: 11:59pm Tuesday 2 July

Late entries (3 July to 5 July) \$60.50 (GST incl) per event – conditions apply

Registrations Link :- Link for Australian athletes will be available from the opening of registrations.

School groups and Overseas groups please contact Peter Hannan on

[treasurer@goldcoastvictory.com.au](mailto:treasurer@goldcoastvictory.com.au) for information regarding group entries.



## ENTRIES NOW OPEN

[Enter | Pan Pacific Masters Games](#)

### Draft Track Walk Programme

**Friday 8 November, 2024**

M30+/W30+ 5000m Race Walk Final

**Saturday 9 November, 2024**

M30+/W30+ 3000 Metre Race Walk Finals

### Confirmed Road Walk Programme

**Sunday 10 November 7:00am start**

Luke Harrop Cycle Circuit

- The competition circuit will be a 1km loop.



- All participants will start together.
- A First Aid officer will be present. There will be a water station on the circuit.
- Uniforms are not compulsory.
- Age category placegetter medals will be presented at the venue at the conclusion of the competition.
- Parking and toilet facilities are located adjacent to the competition circuit

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

### **Important Update – New Track Venue Announced**

Unfortunately the originally confirmed venue - **Gold Coast Performance Centre at Runaway Bay** - is no longer available for use during the Pan Pacific Masters Games. Due to the lack of suitable infrastructure, quality or safety of the alternative venues located in the Gold Coast Athletics – Track & Field events will now be conducted at the **Queensland Sport and Athletics Centre (QSAC) Mount Gravatt**

**Transport** – if you have booked your accommodation on the Gold Coast, a bus will be arranged to take paid participants to and from the QSAC venue daily. The bus will pick up and drop off in a central location on the Gold Coast – further details TBA.

**The road walks will still take place at Runaway Bay**

## **53 DAYS TO GO UNTIL PARIS 2024**



### **Walks Schedule**

Thursday August 1<sup>st</sup> 7:30am 20km Race Walk Men

9:20am 20km Race Walk Women

Wednesday August 7<sup>th</sup> Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

### **WORLD ATHLETICS RACE WALKING TOUR 2024**

**06 OCT 2024** III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP

**26 OCT 2024** LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

## Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the possibility of the club hosting a Level 3 Race Walking-specific accreditation course this year. Time wise it would be post Olympics, mostly likely October or November.

Not only will this initiative upskill the next generation of race walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

To be eligible to undertake the Level 3 course applications will need to hold a Level 2 certification so now is the time to make sure you qualify by doing a Level 1 and Level 2 coaching course if required. Please note that the QRWC can re-imburse your coaching course fees, if required, though our current volunteer education grant.

### Coaching Courses Coming Up

12 Jun 2024 **Level 1 Recreational Running Coach** Online QLD

29 Jun 2024 **Level 3 Performance Development Course (Days 1 & 2)** Gold Coast

## Handicap Points - What does it all mean?

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

Grade	Start Points	Completed Points	Best Season Performance	Handicap Points
A	8	21	29	57,54,51,48,45,42,39
B	7	17	24	47,44,41,38,35,32,29
C	5	14	19	37,34,31,28,25,22,19
D	4	10	14	27,25,23,21,19,17,15
E	2	7	9	17,15,13,11,9,7,5
F	1	3	4	7,6,5,4,3,2,1

**Starting points** are awarded for starting the event.

**Completed points** are awarded for finishing the race distance.

The **Best Season Performance**. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

**Handicap points** are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points.

### QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

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## QRWC MEMBERSHIP 2024

The Qld Racewalking Club registration portal is open to athletes who wish to register with QRWC .

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2024. These athletes are all set for entering winter road walk competitions and the QA Road walk Championships . So no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

Of course, for those athletes not wishing to compete at or represent QRWC at QA events ( i.e. already registered with other QA clubs , QRWC will retain the current membership options whereby only the QRWC club fee (i.e. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

For these athletes, please email the Registrar if you have any questions or concerns. [qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

	\$15.00	Students
<b>Membership Fee</b>	\$25.00	non-students
	*club fee on top of Qld Athletics membership (Base \$12)	

## Season Pass

The QRWC Season Pass is a convenient way to not only save some money but to not have the worry about paying race fees with your entry each week. This **Pass, at a cost of \$75**, enables the athlete to compete in up to 16 club meets a season (10 x handicaps, Sign On Day, club road championships, club track championships, Gold Coast Championships, Postal Challenge, & relays).

This Pass does not cover QA, AA, QLA or QMA Championships, Federation carnivals or any other event that is not a QRWC meet. The Pass can be purchased via the Shop on the QRWC RevSport portal.

## NON-COMPETING MEMBERS

VOLUNTEER	COMMITTEE MEMBER	OFFICIAL	COACH
Club volunteers are always welcome to assist with club operations and competition days	Club committee members are required to be registered members of their club	Officials accredited with Athletics Australia	Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia

### Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or [www.bluecard.qld.gov.au](http://www.bluecard.qld.gov.au) for more information.

\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE
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NOTE – Additional club membership fees may apply, which varies for each club.

## Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.



## **Racewalking Queensland Management Committee 2024/25**

**President:** P Bennett

**Vice President.** J-R McRoberts

**Secretary:** N. McKinven

**Treasurer** N McKinven

**Committee:** Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

**Patrons:** Patrick & Maxine Sela

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** Jasmine Blackburn

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor.** Vacant, but to be by roster.

**Club Captains:** Bailey Housden, Phoebe Chadwick

## **Queensland Athletics Member Protection Policy**

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

**You can read the full policy here**

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

**All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.**

### **Who this Policy Applies To**

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

### **Code Of Conduct/Behaviour Queensland**

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;



- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;
- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

## Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4  
Robyn Wales Walks Level 3  
Shane Pearson Walks Level 3  
Steve Langley Walks Level 2  
Jasmine-Rose McRoberts Level 2 Club coach  
Argenis Guevara Level 1  
Katya Martin Level 1

### Contact emails:

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club  
[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

### About us ....

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>

